



NOTICING GROCERIES

EARLY INTERVENTION WITH YOUR YOUNG CHILD

Every child is different. Do what works best for encouraging your child's independent exploration of this suggested activity.



ACTIVITY DESCRIPTION:

Take your child grocery shopping. Talk about the characteristics of different groceries you are selecting. Show grocery items to your child that they may particularly like. Encourage your child to feel, smell, or perhaps taste the food item.

STEM LEARNING AREA:

Physical Science (concepts related to objects/things, what they do, and how they move):

Structure and Properties of Materials (understanding characteristics of things and how those characteristics impact what things do)

STEM PROGRESSION STEP:

Properties Observer: Observes attributes and characteristics of materials in the living and non-living world

WHAT CAN I SAY?:

- Name (label) objects being put in cart (e.g., banana, strawberry), Label characteristics (e.g., color, shape, size, texture, smell, sounds)
- "These strawberries are red. What color are the bananas? They are yellow."
- "I am going to drop this box or crackers into the cart. It is going to make a big sound."
- "Smell these berries. Very sweet."

IDEAS TO SUPPORT MY CHILD'S GOAL:

Image credit: Microsoft Stock



COMPARING AT THE GROCERY STORE

EARLY INTERVENTION WITH YOUR YOUNG CHILD

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ACTIVITY DESCRIPTION:

At the store, help your child participate during grocery shopping by using a picture shopping list or chart of favorite foods. Label items in the store and help the child recognize their properties and what makes them the same and different (e.g., color, size, taste, texture, category; use of the item).

STEM LEARNING AREA:

Physical Science (concepts related to objects/things, what they do, and how they move):

Structure and Properties of Materials (understanding characteristics of things and how those characteristics impact what things do)

STEM PROGRESSION STEP:

Properties Recognizer: Recognizes attributes and characteristics of materials in the living and non-living world

WHAT CAN I SAY?:

- "Cereal is in a box. Apples are not."
- "We can eat this, not that!"
- "What is first on your shopping list? Can you find it in the store?, "What is next on the list?"
- "Can you help me find a red fruit?"
- "Which one feels smooth - the apple or the potato?"
- "I need to find some big and small tomatoes."
- "Can you help me find the small ones?"

IDEAS TO SUPPORT MY CHILD'S GOAL:

Image credit: Jen, Flickr

