



# NOTICING WHILE COOKING

EARLY INTERVENTION WITH YOUR YOUNG CHILD

*Every child is different. Do what works best for encouraging your child's independent exploration of this suggested activity.*



## ACTIVITY DESCRIPTION:

Invite your child to do a cooking activity with you! Make something simple like pudding, cookies, or pancakes and help your child notice the characteristics of the food and the materials used to make the food.

## STEM LEARNING AREA:

**Physical Science (concepts related to objects/things, what they do, and how they move):**

Structure and Properties of Materials (understanding characteristics of things and how those characteristics impact what things do)

## STEM PROGRESSION STEP:

**Properties Observer:** Observes attributes and characteristics of materials in the living and non-living world

## WHAT CAN I SAY?:

- "Oh, this is liquid/solid"
- "This smells sweet/funny".
- "The spoon is metal/cold".
- "This flour got wet when we mixed in the milk."
- "What will happen if we mix more? I wonder if the lumps will go away."
- "What do you notice?"

## IDEAS TO SUPPORT MY CHILD'S GOAL:

*Image credit: Freepik*